

## **Interested in Becoming a Medium???**

Psychic and mediumistic abilities are not gifts bestowed to the favoured few. They are actually innate human abilities that may be nurtured and developed by those who are open to development. Mediumistic development is a transformative journey of self-discovery that opens a new eternal reality to all those who develop the ability to communicate with those who have passed over.

Calgary First Spiritualist Church offers a proven and supportive path to becoming a medium that involves a combination of courses, development circles as well as personal and public practice. You do not need to have previous training or experience. All that is needed to begin your journey is an interest in self-development and a commitment to regular practice. Our Development Program accommodates those at various points in their spiritual journey, as there are some who wish to gain greater awareness, while others may wish to become professional and/or Church mediums. Aspirants who are unable to attend a regular development program may participate in our Friday Meditation and Psychic Awareness Group.

### **Level One: Introduction**

At this introductory level, participants are asked to become familiar with the principles of Spiritualism and mediumship. Our Church regularly offers weekend Introductory courses in Spiritualism and Mediumship.

### **Level Two: Beginner's Circle**

The goals of the Beginner's Circle are to develop the conditions necessary to establish communication with the Spirit World. Activities in the Beginner's Circle include meditation, relaxation and using the power of the circle to promote expansion and greater sensitivity to Spirit energies. Students in the Beginner's Circle may also gain a sense of their personal developmental path whether it is evidential mediumship, psychic development, channeling, soul rescue or sitting for attunement. The Beginner's Circle meets for 60 to 90 minutes on a weekly basis from early September to the end of May.

### **Level Three: Intermediate Development\***

In the Intermediate Level, you will have the opportunity to explore specific skills in working with Spirit. Depending upon the availability of participants four types of development opportunities are available. These include Evidential Mediumship as well as Channeling/Trance Mediumship, Soul Rescue or Trance Healing.

In the Intermediate Mediumship Circle, students deepen their connection with Spirit and make contact with individuals who have passed over. In doing so students develop the ability to provide evidence for 'proof of survival' – physical features, clothing, names age or health conditions at time of passing, places etc. The Intermediate Circle meets for 60 to 90 minutes on a weekly basis from early September to the end of May. Circle members may also participate in periodic platform practice sessions to gain experience in providing mediumistic communication in a format similar to Church services.

When there is sufficient interest and leaders available, the Church also offers monthly Soul Rescue Circles, Channeling/Trance Mediumship Circles and Trance Healing.

\*Note: Level Three students will normally be asked to apply for an Associate or Full Church Membership. Those wishing to become Church mediums will be asked to complete an Application Form.

#### **Level Four: Advanced Development**

Our Advanced Circle is focused on further deepening and providing clearer and more detailed communication from the Spirit World. Students in the Advanced Circle are able to clearly describe the appearance, personality and life of Spirit communicators. The Advanced Circle meets for 60 to 90 minutes on a weekly basis from early September to the end of May. Circle members participate in monthly platform practice sessions to gain experience in providing mediumistic communication in a format similar to Church services.

Upon approval by the Mediumship Development Committee, Advanced Circle members may provide mini-readings at Church events and may give messages at special Wednesday services for developing mediums.

Further information:

If you are interested in finding out more about our development programs or to register for a specific course, please contact:

#### **Calgary First Spiritualist Church**

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**Email:** [info@calgaryfirstspiritualistchurch.ca](mailto:info@calgaryfirstspiritualistchurch.ca)

***We look forward to supporting your spiritual journey. Your appointment with Spirit awaits you!***