

## CHURCH MINISTER & DIRECTORY OF MEDIUMS

Reverend Ella Groves

Donna Kiss, Mary Jane Kapteyn, Louise Gebhart

Private Readings - Call 403-283-1102



# CALGARY FIRST SPIRITUALIST CHURCH

## JUNE 2009 NEWSLETTER

### WEEKLY CHURCH SERVICES

**THANKS FOR THE MEMORIES**

The 2009 winter and spring season has been a bee hive of activity, and it is always amazing to see the wide variety of programs that are made available through the diligent work of the Program Committee members. Some programs focus on different ways of healing the body, mind and soul. Others are ones that impart knowledge. Still others focus on fun and fund raising.

Healing can happen on many different levels and in many different ways. The **Crystal & Stone Workshop** taught by **Donna Kiss** demonstrated how crystals and stones can be used in energy healing and aura clearing. It was time well spent for those who attended **Dr. Margo McKinnon's Being Spirit Dominant Workshop**. Participants gained new insights, self acceptance and inner healing as the unique characteristics of the spirit dominant personalities were revealed. **Rosa Trakostanec** delivered another one of her Spirit inspired workshops on **The Law of Attraction**. As Rosa explored the power of positive thought and co-creative use of energies, participants found it uplifting and empowering. All year round, the church places an emphasis on healing by offering **Spiritual Healing** and **Advanced Energy Healing** sessions three to four times a week. Remember, there is still one more unique healing program left in June. This is **Family Constellation Experience**, a workshop presented by **Dr. Karen Massey**.

Educational programs are also an important part of what the CFSC offers. **Rev. Ella Groves** taught two sessions of the **Orientation Course in Modern Spiritualism** and both sessions were well attended. **Donna Kiss** presented a forum on **Exploring Psychic Experiences with Parents & Children** and did another one of her in-depth **Introduction to Mediumship Courses** in which participants explored their psychic abilities and prepared for communication with spirit. There is always a special appreciation for all those individuals who prepare **informative research lectures** or **channel the wisdom of the guides**. A more recent way of educating the public is dispersing information about Spiritualism and the work of the church through the **Body, Soul & Spirit Expo**.

Laughter and fun is its own kind of healing. Fun-filled social events are always a hit with everyone. Mary Grace Nelson helped chase away the winter blues at the **Winter Social – Munchies, Music & Messages**. Other social events included **Mediumship & Music – Talking & Singing with Heaven**, a concert by **Rosemary Phillips** and the **Annual Spring Psychic Tea**.

### SALUTE TO THE VOLUNTEERS

Planning the CFSC Calendar of Events begins with the Program Committee. Committee or church members are asked to coordinate and oversee the different events, but it is the willing volunteers that make each event a success. There are many, many people behind every event to be thanked. Also the week-to-week church services run on volunteer power. These include the mediums, healers, chair people, the organist, openers, and greeters. What about the library work, outreach program and church maintenance? The on-going programs such as A Course in Miracles, Young People's Spiritual Group, the Friday Meditation Group and the Saturday morning Advanced Healing all have volunteer leaders supported by a small army of willing volunteers. That is what keeps the church marching on!

As the January to June season of activities comes to a close, it is hoped that the hard working volunteers get a well earned rest and have an enjoyable summer. - *Rev. Ella Groves*

### SUNDAY 7:30 pm SUNDAY EVENING SERVICE

June 7	<b>Speaker &amp; Medium:</b> Mary Jane Kapteyn <b>Topic:</b> <i>Inspirational Talk</i>
June 14	<b>Speaker:</b> Sylvia Thomas <b>Topic:</b> <i>Spiritually Based Communication</i> <b>Medium:</b> Louise Gebhart
June 21	<b>Speaker:</b> <i>Rev. Bill Pitman</i> <b>Guest Medium:</b> Shirley Pitman
June 28	<b>Speaker:</b> Sarah Stewart <b>Topic:</b> <i>Spirit Art</i> <b>Medium:</b> Donna Kiss

---

### WEDNESDAY 6:30 – 7:15 pm HEALING SERVICE

Enjoy an opportunity to receive Spiritual Healing with the church healers.

### WEDNESDAY 7:30 pm ALL MESSAGE SERVICE

June 3	<b>Mediums:</b> Louise Gebhart, Elsie Pytel & William Pelech
June 10	<b>Mediums:</b> Mary Jane Kapteyn & Susan Gormley
June 17	<b>Mediums:</b> Rev. Ella Groves & Jane Fleming
June 24	<b>Mediums:</b> Donna Kiss & Vreny Zumbuhl

**NOTE:** Due to personal circumstances, program arrangements may be subject to change.

**Address:** 1603 – 6 Ave. NW, Calgary, AB T2N 0W1 **Phone:** (403) 283-1102

**Email:** [info@calgaryfirstspiritualistchurch.ca](mailto:info@calgaryfirstspiritualistchurch.ca)

**Feedback & Comments:** [comments@calgaryfirstspiritualistchurch.ca](mailto:comments@calgaryfirstspiritualistchurch.ca)

**Website:** [www.calgaryfirstspiritualistchurch.ca](http://www.calgaryfirstspiritualistchurch.ca)

## ONGOING GROUP MEETINGS

### \* Recessed for the Summer

<b>SUNDAY</b>	5:00 – 6:30 PM	<b>*YOUNG PEOPLE'S SPIRITUAL GROUP – last session June 14</b> Next session <b>June 14</b> — Facilitator: Mary Grace Nelson
<b>MONDAY</b>	7:30 PM	<b>A.S.H.A. HEALING – open for summer except long weekends</b> Open every Monday except holidays — Donations Welcome
<b>TUESDAY</b>	7:00 PM	<b>*A COURSE IN MIRACLES – last session June 23<sup>rd</sup></b> Drop-in Discussion Group – Facilitator: Greg Deabler — Contribution \$5
<b>FRIDAY</b>	7:30 – 9:00 PM	<b>*EVENING MEDITATION GROUP – last session June 19<sup>th</sup></b> Facilitator: Rev Ella Groves — Voluntary Contribution \$5
<b>SATURDAY</b>	9:45 AM	<b>*ADVANCED ENERGY HEALING – last session June 27<sup>th</sup></b> <b>June 13-27</b> — Enter <u>East Door</u> — Donations Welcome

## SPECIAL EVENTS FOR JUNE

### FAMILY CONSTELLATION WORKSHOP

with Karen Massey

Saturday, June 13  
12:00 pm – 5:00 pm  
cost: \$70 members \$75 non-members

**To Register:**  
**Phone 403-283-1102 or Email**  
[info@calgaryfirstspiritualistchurch.ca](mailto:info@calgaryfirstspiritualistchurch.ca)

**All Welcome**

### MEDIUMS VISITING FROM UK

Rev. Bill Pitman  
Inspirational Speaker

&

Shirley Pitman  
Medium

Sunday Service  
June 21, 2009  
7:30 pm

Come and give them a warm  
Calgary welcome.

### FAMILY CONSTELLATION WORKSHOP WITH KAREN MASSEY

Calgary First Spiritualist Church is pleased to present its second workshop with **Dr. Karen Massey**, psychologist and Family Constellation therapist. It is titled: **Chakras and Self Healing** and will be held on **Saturday, June 13** from **12 pm to 5 pm**. As a counseling psychologist and energy healer, Karen has been working with the universal healing energies and Spirit for 16 years. She has been trained in a variety of healing approaches including using Sound and Color, Qi Gong breath work and meditation, Shamanic journeying, hypnosis, past life regression, Eye Movement Desensitization Reprocessing (EMDR) and German New Medicine. She is now very excited about offering healing through Family Constellations. If you have a recurring emotional issue, health or work related problem, or suffer from weight gain, can't stop grieving, etc. this will be an extremely beneficial workshop to bring change and healing into your life. It will have a profound healing effect on your whole family system. The cost is \$70 for members and \$75 for non-members. To register, phone 403-283-1102 or email [info@calgaryfirstspiritualistchurch.ca](mailto:info@calgaryfirstspiritualistchurch.ca).

### SUMMER TIME FUN 2009

The church is offering several wonderful fun-filled workshops this summer as well as the **Annual Summer Picnic**. The details are as follows:

- **Shaman Workshop with David Radke** on **Saturday, July 18** from **10 am to 3 pm**. It will be held just prior to the Summer Picnic at the farm of Vreny and Ferdi Zumbuhl. You can arrange for transportation via car pool and a map will be provided on the Picnic Poster. This is a great opportunity to explore shamanism with an expert.
- **Annual Summer Picnic** on **Saturday, July 18** from **4 to 9 pm** is hosted by Vreny and Ferdi Zumbuhl on their farm near Irricana. Put this date on your summer calendar and look for more details in July. Mary Grace Nelson is organizing the event, so expect a great time.
- **Spirit Art Workshop with Sarah Stewart** on **Saturday, July 25** is a full day of working at an intuitive artistic level with Spirit. Full details will be supplied in the July Newsletter and Poster. No prior experience is necessary but you may expect surprising results with a delightful facilitator.
- **Introduction to Mediumship Workshop with Donna Kiss** is a weekend intensive course which will be held from **August 7 to 9**. It is intended to introduce participants to the art of mediumship and prepare them for the next level of development. Donna Kiss is an experienced Spirit Medium and teacher with the gift of laughter in all that she does.

For details or to register, phone 403-283-1102 or email [info@calgaryfirstspiritualistchurch.ca](mailto:info@calgaryfirstspiritualistchurch.ca). Plan for summertime fun with these church sponsored events.

### SUMMER CLOSURES

Some of the regular on-going programs of the church will close for the summer months. The last session of these programs before summer closure are as follows:

- **A Course in Miracles—June 23**
- **Young People's Spiritual Group—June 14**
- **Friday Meditation Group—June 19**

#### PLEASE NOTE:

- **ASHA—Association of Spiritual Healers of Alberta WILL REMAIN OPEN FOR THE SUMMER** except on long weekends.

**DONATIONS TO THE CHURCH FOOD BANK ARE APPRECIATED**