

The Thinnest Veil

A talk presented by Dr. William Pelech at a Sunday Service - March 2008

Introduction

What this Talk is about:

- The afterlife and how to get there
- Various books and personal experience as a medium and sitter
- Qualification & Disclaimer

As Spiritualists you are free to interpret and accept or reject anything that I say – but I hope that you will reflect on it and it will make a difference in your lives here.

The Thinnest Veil

How many of you have dreamed while sleeping (e.g. flying dreams, seeing departed loved ones)?

How many of you have been to the other side?

I am sorry to have to tell you this but those of you who put up your hands the first time, should probably have put up your hands the second time.

Why? Because when you dream you often visit the Hereafter.

Now I am going to have you close your eyes to visit the afterlife. Don't worry you will be coming back – believe me – and if you don't want to close your eyes that's okay too.

Okay so here we go, close your eyes ... now open your eyes.

Welcome to the afterlife! No, this is not a trick. You just can't see the astral plane with your physical eyes.

Of course mediums can perceive it in various ways because we have to use our physical faculties to perceive things. That's why we speak of being clairsentient or clairvoyant.

On the other side or when you dream – you won't need to have your physical body to perceive – you will have your astral body.

The other implication is that your loved ones – be they people or pets - are also always near you.

A Preview of Your Trip

For a moment let me be your travel agent and speak a little about the trip that you will make one day when you pass from this world and take your final trip.

I will speak to some ways that you can travel there while you're alive in this plane later, but for now let's talk about what happens when you die.

Now I will tell you that it will be much more exciting than the trip we took together a moment ago – but you still won't be going anywhere.

One of the best books that my partner and I use when travelling is Eyewitness Travel.

There is one by Frederick Myers – an account that is the most evidential.

Who was Myers?

- Born 1843
- Professor of classics at Cambridge University
- First President & Founder of the Society for Psychical Research
- Published the most important book ever written on this subject – Human Personality and Its Survival of Bodily Death
- After 20 years of research his question of whether we survive bodily death was still not answered conclusively.
- He had found that mediums could provide information about the living and the dead.
- So how does one know if the information is actually coming from the living sitter's memory or the disincarnate relative? Since he was not a medium there was only one way
- In 1901 he left on his fact-finding expedition. He died.
- After a few weeks, and for more than 30 years, Myers communicated from the other side.
- Like a good researcher and medium – he communicated through mediums around the world – providing fragments of information – or scripts.
- He always provided a calling card to identify himself and instructed the mediums to, "Record the bits," and told them that "... when fitted together

they will make the whole.” These communications were aptly named the Cross Correspondences.

He provided detailed instructions for how they were to be handled and to whom they should be sent (either another medium, a colleague or SPR.)

Seven Worlds of the Dead

Recovery Phase –

- *Unconsciousness or sleep-like state for those who had experienced a very difficult or fatiguing death.*
- *Those with very debilitating illnesses, addictions.*
- *It is also the realm of those who strongly believe that nothing follows death.*

Physical Plane -

- *Those with extreme attachments – love, hatred, desires, addictions, fear or unfinished business.*
- *Realm of ghosts and hauntings and those who, for some reason, are unwilling to move on or let go of their physical body/existence.*
- *Frustration with not being able to satiate bodily pleasures – possession.*

Astral Plane -

- *Realm of Paradise and Illusion; however, chances are you will arrive here upon the death of your physical body.*
- *Don't complain to your travel agent – but you will have been here before – in your dreams – so it will be quite familiar to you.*
- *You will be able to go anywhere provided you can think about it.*
- *Your loved ones will be there and you will be able to visit and see the astral bodies of your loved ones on the Physical Plane.*
- *However, here your dreams are your objective reality – and your reality is completely responsive and created by your thoughts and emotions.*
- *You will communicate through your thoughts not your voice and so it will take some time to adjust? Could you imagine how humbling it would be to have everyone be able to perceive your inner most thoughts?*

- *What is created is based upon your deepest desires for pleasure. It's the ultimate all-inclusive resort!!! Yes, you will find yourself at first on the best vacation that you could have ever imagined.*
- *The purpose of your stop here is to exhaust all of your attachments to worldly experience – that is to realize the transitory and illusory nature of your desires- which is remarkably similar to what the Buddhist say.*
- *One other aspect of the Astral Plane that is important - the laws of attraction and karma.*
- *Once you reach the other side, your inner nature – astral body takes the place of your physical body- you will literally be turned inside out.*
- *Not only will everyone be able to perceive your inner thoughts, they will be able to perceive you inner nature.*
- *Your astral body is a body of light that will provide you and anyone else a continual display of colour and form through your aura corresponding to your inner reality – love as rose colour, hatred as black, jealousy as a lurid green etc.*
- *You will also have instant recall with a twist – you will be able to recall all of the feelings associated with all of your life experiences and those of those you have affected for good or ill.*
- *One communicator who had lived a selfish life noted, “I have had the most disturbing experiences. I don't really know how I lived through them.... I have been shown the effects of all my acts upon other people. It was the most humiliating and awful experience ... the emotional reactions to my own acts... I am changed. I am a much softer person now.”*
- *What is more, the colours of your aura will be of varying coarseness or vibration depending upon the life you lived here – meaning that you will only be able to attract or experience those feeling and experiences that are harmonious with your vibration.*
- *Only through re-experiencing will you be able to raise your vibrational rate and shed off the coarser aspects of your astral body.*
- *You will also find that you will have greater wisdom here because you will have your whole life to reflect upon and the karmic experiences to teach you.*

So, after a while at the all-inclusive you may become less interested in the buffet of experience and desire to take on a new challenge or learning. At this point you will have the opportunity to move onto the next plane or reincarnate.

According to Myers, you will then either return through reincarnation to the earthly plane or move on the higher planes.

Fourth Plane: Idealized form

- *You will move onto the fourth plane or the world of idealized form once you have lost all desire for an earthly existence. It is a one way trip.*
- *Here your life's purpose is to experience all possibilities of form (substances, light and colour).*

Fifth Plane: Flame

- *The next plane is the plane of flame – where one explores the physical universe beyond the Earth.*

Sixth Plane: Light

- *You complete experiencing every form or experience in the universe.*

Seventh Plane: Union with God

The final plane is one where we pass beyond the universe, matter and form and become one with God.

There are ways to travel in advance

- Meditation
- Mediumship Circles
- Lucid Dreaming/Astral Projection
- Monroe Institute

References –

Movie: Robin Williams- What Dreams May Come

You Cannot Die by Jan Currie

Geraldine Cummins – Cross-correspondences

David Staume – The Beginners Guide for the Recently Deceased

Seth Speaks The Unknown Reality – Jane Roberts

Implications

Principles of Spiritualism:

- Parenthood of God (We are not God – but God in training – with eternal progress.)
- Communion of Spirits (We are never alone – we are always sharing, participating in the afterlife – spirit support & fellowship is always present.)
- The Continuous existence of the Human Soul. (Life's ultimate purpose is learning and spiritual unfoldment – expressing our inner nature. *Death is an illusion.*)
- Compensation/Retribution [Law of Karma]. (We are ultimately responsible for what we think and do. It is all clearly evident on our astral body – and will become public information on the other side. The truth will out – it's only a matter of time — what you give you will truly receive.)
- Eternal Progress open to every human soul. We have eternity to get there so don't worry about missing the plane (get it 'plane'), existence is learning.

The ultimate expression of God's love and forgiveness is that it is never too late to change.