



Calgary First Spiritualist Church

Ethical Mediumship Spiritual Growth and Healing

AUGUST 2024 NEWSLETTER

We will have many exciting programs and workshops coming up in the Fall and Winter! Visit our website for updates and announcements. While you are there, click the link to be added to our e-mail list. Have you considered volunteering? We are always looking for new volunteers; just email the church and we'll gladly get back to you!



Karma Spirit Yoga with

Rev Rowen Waters

Thursday evenings from June 20—August 29

(no class July 18)

Time: 5:00—6:00 pm

Cost: \$5 drop-in or \$40 for all sessions

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Email: info@calgaryfirstspiritualistchurch.ca

Check us out on Facebook, Instagram and X!